

October 9, 10, 11, 2009
*Introduction to Dr. Fulford's Philosophy of Life
and Basic Percussion Course*

The purpose of this course is to achieve an understanding of Dr. Fulford's philosophy in his approach in treating the whole body and in his use of the percussion hammer.

October 9

9am Introduction
Breath of Life
Rhythmic Balance Interchange
Lab Session

Break

Treating the Whole Body
Trauma Fascia Bioelectricity
Shock Release
Lab Session

Lunch
2:30pm Dr. Fulford's Hand Techniques
Lab Session

Break

Introduction – History of Percussion/Vibration
Lab Session

October 10

9am Using the Percussion Hammer
Diagnosing Subtle Motion
Attention – Intention – Vibration
Lab Session

Break

Lab Session
Lower Extremities
Pelvis

Lunch
2:30pm Lab Session
Spine
Lumbar, Thoracic and Cervical

Break

Care of the Percussion Machine

October 11

9am Lab Session
Upper Extremities
Review of Percussion Hammer Uses

Break

Dr. Fulford Exercises
Review and Questions

Recommended Reading

Dr. Fulford's Touch of Life
Robert C. Fulford, D.O.